

BREAKFAST

MUFFINS / BAGELS	\$4.50
OATMEAL	\$5.00
YOGURT	\$5.00
OATMEAL WITH BANANA	\$7.00
BAGEL WITH CREAM CHEESE	\$7.00
SCRAMBLED EGGS, ON BREAD OR WRAP	\$12.00
TWO FRIED EGGS WITH TOAST	\$12.00
B.E.C. - BACON, EGG, CHEESE AND TOMATO	\$13.00
FRENCH TOAST OR PANCAKES OR WAFFLES + MAPLE SYRUP	\$13.00
LOX AND BAGEL - SM. SALMON, ONIONS, CAPERS & CREAM CHEESE	\$19.00
PANCAKE OR FRENCH TOAST OR WAFFLES WITH SCRAMBLED EGG, BACON & SAUSAGE	\$24.00

FULL ENGLISH BREAKFAST: EGGS, BACON, SAUSAGE, TOMATO, MUSHROOMS, BAKED BEANS, TOAST

ADD TO YOUR BREAKFAST:

CHEESE	\$2.50
BACON OR HAM OR SAUSAGE	\$ 4.00
BACON, HAM AND SAUSAGE	\$ 9.00

OMELETTES

CHEESE OMELETTE	\$14.00
HAM AND CHEESE	\$15.00
FETA CHEESE AND TOMATO	\$15.00
VEGGIES AND CHEESE, PEPPERS, TOMATOES, ONIONS & CHEDDAR	\$15.00
NEWS CAFÉ - PEPPERS, ONIONS, CHEDDAR, HAM & SAUSAGE	\$17.00

BEVERAGES

COFFEE TEA DECAF	\$2.50
ADD: VANILLA OR CARAMEL OR HAZELNUT	\$3.50
AMERICANO / LATTE / MOKA	\$4.50
ESPRESSO	\$3.50
DOUBLE ESPRESSO	\$4.75
CAPPUCCINO	\$4.00
ICED COFFEE OR ICED TEA	\$3.50

PANINI

CHICKEN BACON RANCH – On French bread, with cheddar cheese, mustard and ranch dressing	\$15.00
CAPRESE – Arugula, mozzarella, tomato, basil pesto on ciabatta or French ..	\$16.00
ROAST BEEF & BRIE – Choice of bread, mayo, arugula, onion and thyme	\$18.00

TORTILLA WRAPS

TURKEY AVOCADO - LETTUCE, TOMATO, CHEDDAR & BACON ON GUACAMOLE ..	\$15.00
MEXICAN - LETTUCE, TOMATO, MAYO, SALSA, CHICKEN, ONIONS, MEXICAN CHEESE	\$16.00

SANDWICHES ALWAYS MADE FRESH AND SERVED WITH CHIPS

DELI SANDWICHES

CHOICE OF BREAD: WHITE, WHEAT, RYE, FRENCH, CROISSANT, CIABATTA, BAGEL	
CHOICE OF CHEESE: AMERICAN, CHEDDAR, GOUDA, PROVOLONE, SWISS, GORGONZOLA	
VEGETARIAN - GUACAMOLE, LETTUCE, TOMATO, ONIONS & CUCUMBER	\$10.00
CHEESE, YOUR CHOICE	\$11.00
FRESH EGG SALAD	\$12.00
B.L.T.	\$12.00
TUNA SALAD	\$12.00
HAM	\$13.00
SMOKED TURKEY BREAST	\$13.00
ROAST BEEF	\$14.00

SPECIALTY SANDWICHES

TUNA MELT – With celery & onion topped w American cheese	\$14.00
ITALIAN MELT – Salami, ham, peppers, pesto & cheese on ciabatta ..	\$15.00
BACON, TURKEY & GOUDA – With lettuce & tomatoes, pesto mayo on ciabatta ..	\$15.00
PASTRAMI & SWISS – On ciabatta, sauerkraut, 1000 island dressing	\$16.00
CHICKEN SALAD – Lettuce, tomato, onion and mayo, choice of bread ..	\$16.00
SMOKED SALMON & AVOCADO – Smoked salmon, cream cheese and avocado, choice of bread	\$18.00
TOASTED CUBAN – Pulled pork, ham, provolone, pickles, mustard on French	\$18.00
NEWS CLUB – Lettuce, tomato, ham, turkey, bacon, onion & Dijon on white or rye	\$19.00
PHILLY CHEESTEAK – Sliced steak, onions, peppers, provolone on hoagie	\$18.00
SMOKED SALMON – Onions, tomato, capers & cream cheese	\$19.00

SOUPS & SALADS

SOUP DU JOUR WITH GARLIC BREAD	\$12.00
HOUSE SALAD – Greens, tomatoes, cucumbers, red onions, choice of dressing	\$8.00
CLASSIC CAESAR – Caesar dressing, croutons & parmesan	\$11.00
CHICKEN BREAST ON CAESAR	\$17.00
TUNA SALAD – With celery, onions & tomatoes, choice of dressing ..	\$14.00
MEDITERRANEAN – Greens, avocado, tomatoes, cucumbers, olives, bacon, & peppers	\$14.00
GREEK SALAD – Romaine, tomatoes, olives, feta, onions & peppers, choice of dressing ..	\$14.00
CHICKEN SALAD PLATTER – Lettuce, tomatoes, red onions, avocado, tossed in mayo and dill	\$17.00
COBB SALAD – Lettuce, tomatoes, avocado, turkey, bacon, egg, blue cheese dressing	\$17.00

MILK SHAKES \$10

VANILLA – Ice cream, vanilla extract, fresh milk

NUTELLA – Choice of ice cream, nutella, milk

PEANUT BUTTER – Vanilla ice cream, peanut butter, fresh milk

MINT CHOCOLATE CHIP – Mint chocolate chip ice cream, choc. syrup, creme de menthe, milk

SMOOTHIES \$13

100% NATURAL ENERGY SMOOTHIES

BERRY PASSION – Blueberries, banana, yogurt, honey & milk

ACAI COOL – Mix fruit, banana, Acai powder, almond milk

CUCUMBER – Cucumber, spinach, banana, pineapple + lime juice

GREEN MACHINE – Spinach, banana, mango juice, chia, coconut water

AVOCADO – Avocado, banana, honey, milk

POMEGRANATE – Pomegranate juice, banana, yogurt, honey, coconut water

CARIBBEAN KISS – Mixed fruit, guava pulp, yogurt, honey, almond milk

TROPICAL MIX – Tropical fruits, banana, yogurt, honey, coconut water

CARROT – Carrot, banana, yogurt, honey, orange juice

STRAWBERRY SPLIT – Strawberries, banana, yogurt, honey, orange juice

PINEAPPLE – Pineapple, maple syrup, coconut water, orange juice

KIDS SPECIAL – Strawberries, banana, yogurt, nutella, milk

SUNDAES \$13

ISLAND – Rum raisin ice cream, banana, chocolate fudge, coconut flakes

BANANA SPLIT – Banana, vanilla + chocolate + strawberry ice cream, whip cream

CHOC' CHOC – Chocolate ice cream, chocolate syrup, whip cream, almonds

AFFOGATO – Vanilla ice cream, espresso coffee, whip cream

DESSERTS

ICE CREAMS \$6.00

ADD: CHOCOLATE & WHIP. CREAM \$8.00

ASSORTED CAKES \$12.00

TIRAMISU \$13.00

AFFOGATO – Ice cream topped w espresso .. \$10.00
& whip cream

NEWS CAFÉ SANDYPORT

OLDE TOWNE - SANDYPORT

TEL. 805-5957 FREE WI-FI

HOURS: DAILY 8 AM TO 4 PM

SUNDAY 8 AM To 3 PM

FOR DELIVERY CONTACT KRAVEN'S

V.A.T. 10% TABLE SERVICE 15%

